

Contact

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Career Summary

My career progression expands over 20 years of increasing responsibility, working in the non-profit arena as a Ministers' Assistant and culminating with an Associate Director/leadership role at a Unitarian Church, before exploring broader horizons as a Science-based, Mindfulness Facilitator specializing in sound, and being a full-time student of Integrative Health at ASU.

Skills & Abilities

- Personable, Professional
 Communication & Leadership
- · Customer Service oriented attitude
- Expert Microsoft Office and Mac compatible software
- Google docs, various graphics software for social media updating... https://youtu.be/63D5KzZwHCw
- Extensive workshop planning and facilitating, Mindfulness classes, and volunteer recruitment and training.

Regina (Genie) Johnson

"I work and play "hard" because as a Mindfulness Facilitator, the two are one and the same to me. Meditation changed my life. I want to do all I can to bring this transformative practice to the people that need it most."

- Genie J

Education

ASSOCIATE IN ARTS IN GENERAL STUDIES | MAY 2017 | MAGNA CUM LAUDE

- Currently engaged in Arizona State University's innovative, online, Integrative Health Program!
- Completed 4 years coursework and licensing as a Spiritual Coach through The Holmes Institute 2013
- Sound Healing Certified through The Globe Institute of Sound and Consciousness in 2009
- Associate Degree from Collin College (focusing on Biology/Anatomy, Physics of Sound and Music..., with over 30 hours of transfer credits from University of Arkansas, Fayetteville in engineering studies)
- · Member Phi Theta Kappa National Collegiate Honor Society

Career Progression and Experience

INDEPENDENT CONTRACTOR | THE SOUND MASSEUSE NOVEMBER 2009 - MARCH 2021

- Services focused on restorative sound sessions, workshops, classes, and events,
- Some administrative and graphics design services contracts,
- Offering "sacred sound for sacred times," 11th hour hospice, memorials, and other events
- Website development and maintenance, Social Media Inclined – 1000+ LinkedIn, electronic and printed media kits, workshop planning and facilitation

ASSOCIATE DIRECTOR OF CONGREGATIONAL LIFE | FIRST UNITARIAN CHURCH OCTOBER 2010 TO JANUARY 2013

4015 Normandy Avenue Dallas, TX 75205 (214) 528-3990

- Our department was concerned with the overall sustainable morale and vitality of the congregation with emphasis given to the organizational mission.
- Coordinated the Small Group Ministry Program, responsible for recruiting and training high level volunteers, welcoming and congregational hospitality programs i.e. new member dinners, and other event planning for 400+ attendance i.e. community volunteer drives.
- · Was promoted into this role from Administrative Coordinator for the Department

ADMINISTRATIVE ASSISTANT | MCKINNEY PUBLIC LIBRARY SYSTEM AUGUST 2008 TO OCTOBER 2010

McKinney, TX 75069 (972) 547-7560

- · Assistant to the Library Director in administrative functions, daily City Hall cash reports, and library correspondence.
- · Public liaison for library facilities and reservations, and between the Board and key staff
- · Administratively supported the strategic planning process for the expansion of the library system.

MINISTERS' ASSISTANT | CSL DALLAS & FIRST UNITARIAN CHURCH IUNE 2004 TO APRIL 2005 & APRIL 2006 TO AUGUST 2008 RESPECTIVELY

4801 Spring Valley International (972) 866-9988 4015 Normandy Ave Dallas, TX 75205 (214) 528-3990

- · Meticulously managed the Ministers' busy calendars and extensive travel arrangements.
- · Managing Editor for and helped grow the distribution list of community newsletter (a volunteer position prior to being a paid one).
- · Responsible for my own and leadership corporate cards and expense reports
- · Assisted with researching and designing information packets for classes and helped with event coordination for weddings, memorials and other ceremonies.
- · "Negotiated" Guest speaker contracts and event coordination
- · Gaps in employment history represent time home raising three awesome daughters!

ASSISTANT CLIENT BUSINESS MANAGER | OVERSEAS SERVICE CORPORATION, INC. APRIL 2003 TO JULY 2004

Addison, TX (972) 991-9390 x2108

- · Assistant Broker responsible for sales promotions and order processing for Military Exchanges and retail clientele including Hershey and Maybelline accounts.
- · Authorized check writing and returns within budgetary parameters.
- · Additional prior experience includes Customer Service Management in Furniture Retail and Administrative Assistance at Architectural Firm